



FOOD

Our food choices have significant impacts on the environment and on our health. Make your choices count towards a more sustainable world. Pledge to take action on campus!

TAKE ACTION!

I pledge to...

- Eat meatless one day a week, and to minimize meat consumption on other days.
- Buy Fair Trade, shade-grown, organic coffee when available, and if not available, to ask the coffee shop or grocery store to source it.
- Order a carefully planned amount of food when catering a meeting or event to avoid having uneaten leftovers that may be wasted.